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Everybody gets sick. Readers will use this guidebook to explore the common cold and the flu, how these diseases are spread, treated, and prevented. This book describes this learning disorder, and discusses diagnosing dyslexia and getting help. This comprehensive guide

includes detailed information on the policies, services and facilities of about 80 libraries, and is a valuable resource for all those involved in medical, health and social welfare services in Hong Kong. Have your readers ever had a cavity? Readers find out what cavities are, and how to prevent them in this book. Authors Alvin and Virginia Silverstein and Laura Silverstein Nunn examine why our teeth are important, and how to take care of them. Guides reader in choosing among rival measurement methods and to score the instrument chosen. This quick-glance reference helps students and health professionals educate themselves and their patients/clients about the scientific evidence for and against more than 120 popular dietary supplements. Supplements are logically grouped into 12 chapters based on their primary desired effect, such as weight loss, joint support, and sports performance enhancement. The authors give each supplement a one-to-five-star rating based on the level of scientific substantiation for each of its major claimed effects. The book highlights crucial safety issues regarding each supplement and sets forth recommended dosages for particular effects. A quick-reference appendix lists all the supplements alphabetically with their star ratings. "The Basic health publications user's guide series of pocket-size health guides tell you everything you need to know about foods, supplements, and the simple steps to follow for feeling better. [This book] even provides tips for talking with your doctor."--p. [4] of cover. This vol. - Graduate Programs in the Physical Sciences, Mathematics, Agricultural Sciences, the Environment & Natural Resources. What is ADHD? Readers will find out who gets ADHD, what causes it, how it is diagnosed, and how it is treated. This essential text provides a readable yet sophisticated overview of the basic concepts of information technologies as they apply in healthcare. Spanning areas as diverse as the electronic medical record, searching, protocols, and communications as well as the Internet, Enrico Coiera has succeeded in making this vast and complex area accessible an Have your readers ever had a sore throat? This essential self-help book examines what causes sore throats, the body's ways of healing, tonsillitis, strep throat, and how to feel better. This ebook is a selective guide designed to help scholars and students of social work find reliable sources of information by directing them to the best available scholarly materials in whatever form or format they appear from books, chapters, and journal articles to online archives, electronic data sets, and blogs. Written by a leading international authority on the subject, the ebook provides bibliographic information supported by direct recommendations about which sources to consult and editorial commentary to make it clear how the cited sources are interrelated related. A reader will discover, for instance, the most reliable introductions and overviews to the topic, and the most important publications on various areas of scholarly interest within this topic. In social work, as in other disciplines, researchers at all levels are

drowning in potentially useful scholarly information, and this guide has been created as a tool for cutting through that material to find the exact source you need. This ebook is a static version of an article from Oxford Bibliographies Online: Social Work, a dynamic, continuously updated, online resource designed to provide authoritative guidance through scholarship and other materials relevant to the study and practice of social work. Oxford Bibliographies Online covers most subject disciplines within the social science and humanities, for more information visit [www.aboutobo.com](http://www.aboutobo.com). Every contact with your patient is an opportunity for clinical assessment. Ideal for quick reference, this pocket-sized guide puts all the crucial information at your fingertips. The Nursing & Health Survival Guides have evolved - take a look at our our app for iPhone and iPad. The new, quick reference for understanding Posttraumatic Stress Disorder The Wiley Concise Guides to Mental Health: Posttraumatic Stress Disorder uses clear, highly accessible language to comprehensively guide the reader through posttraumatic stress disorder (PTSD) and related issues. This concise, informative reference provides a complete overview of the history of the field, diagnosis, treatment, research, emerging trends, and other critical information about PTSD. Examining both theory and practice, the text offers a multifaceted look at the disorder, outlining biological, cognitive, psychosocial, psychodynamic, integrated, and other relevant approaches. Like all the books in the Wiley Concise Guides to Mental Health Series, Posttraumatic Stress Disorder features a compact, easy-to-use format that includes: Vignettes and case illustrations A practical approach that emphasizes real-life treatment over theory Resources for specific readers such as clinicians, students, or patients In addition to the fundamentals of treatment, Posttraumatic Stress Disorder covers some of today's most important and cutting-edge issues in the field, such as war and terrorism; PTSD in children, adolescents, and families; professional and ethical issues; and relevant positive psychological findings. This straightforward resource is admirably suited for a wide variety of readers including students and practicing mental health professionals, as well as first responders, military personnel, and other individuals that regularly deal with traumatic situations and their aftermath. This guide contains listings for the most popular professions, covering over 13,000 programs in advertising, allied health, business, dentistry, education, health administration, human resources development, law, medicine, nursing, optometry, pharmacy, podiatry, public health, social work, veterinary medicine, and more. Completely updated to reflect current changes in the law and in practice, Mental Health Law: A Practical Guide is a concise and approachable handbook to mental health law for students and professionals working in psychiatric settings. Easy-to-read, practical, and illustrated with case examples and a wealth of practical advice to guide you through many complex legal issues Multidisciplinary approach written by specialist authors and key opinion leaders who understand the practical issues you face Fully updated and expanded to include the Mental Health Act 2007 and the Mental Capacity Act 2005 so that you are totally up to date Provides clear guidance, practical pointers, and all you need to know

about mental health law implementation This authoritative guide will serve as a comprehensive introduction and long-term resource manual for trainee and qualified psychiatrists as well as nurses, social workers, psychologists, and occupational therapists working in mental health. How can behavioral health clinicians provide managed care in an ethical, professionally satisfying way while also dealing with managed care organizations (MCOs)? This concise yet powerful volume will jump-start clinicians in their search for effective answers. Unlike other managed care guides, which tend to view the clinician-managed care relationship as inherently adversarial, this groundbreaking pocket guide (another in American Psychiatric Publishing's Concise Guides series) views resource management as a basic function -- indeed, an ally -- of ethical clinical practice. True managed care both improves the quality of clinical care and protects community resources. It even stimulates patients to become more active managers of their own care. The author, speaking from extensive first-hand experience as both network provider and MCO administrator, asserts that clinicians must know how to manage care themselves to effectively persuade insurance companies to pay for treatment. Toward that end, the author details the practical tools clinicians need in just five chapters: Chapter 1, Managing Care Ethically, discusses basic principles and methods for making clinical decisions about behavioral health care when resources are limited and methods for communicating these decisions to patients and MCOs. Chapter 2, Managing Nonacute Care, applies the principles and methods from Chapter 1 to providing non-acute, usually outpatient, services. Chapter 3, Managing Acute Care, applies the principles and methods from Chapter 1 to providing acute crisis or inpatient services. Chapter 4, Marketing to Managed Care Organizations, details strategies for negotiating contracts to often unreceptive MCOs who consider their networks full, showing how clinicians can enhance their market value by filling MCO needs. Chapter 5, Managing Utilization Review, offers insights on overseeing the clinical work of colleagues and shaping the health care system, assuming that care managers are professionally obligated to help patients receive the care they need and deserve without intruding on the clinician's role, and that the best management manages least, taking responsibility for efficient resource utilization and ongoing system improvement. This practical guide is more than just a handbook for successfully navigating MCO procedures and market dynamics; it also shows that the outcome of truly managed care can be just as satisfying and effective as care provided with infinite resources. Invaluable to clinicians in everyday practice, this remarkable guide with its unique insights, collaborative approach, and case examples will also find a wide audience among clinical administrators in private and public MCOs who train network clinicians and utilization managers. Firefighters are taught to battle flames. Police learn to respond quickly to 911 calls. So why are so few health officials prepared for public health crises? The Public Health Crisis Survival Guide is here to help. Whether it's an infectious disease outbreak, a scathing news report, or a sudden budget calamity, this book gives public health readers an honest and practical overview of

what to do when things go wrong -- not just to survive, but to lead and thrive in the most difficult circumstances. With examples drawn from history, recent headlines, and the author's own experience at the local, state, and federal levels, this book covers: - how to recognize, manage, and communicate in a crisis - how to pivot from managing a crisis to advocating for long-term policy change that can prevent the crisis from happening again - how to awaken a sense of crisis on a longstanding problem to generate momentum for change - taboo topics, including whether and how to apologize for mistakes Written by a voice of experience, practicality, and good humor, The Public Health Crisis Survival Guide will be a source of enrichment and reassurance for the next generation of public health students and practitioners. This essential text provides a readable yet sophisticated overview of the basic concepts of information technologies as they apply in healthcare. Spanning areas as diverse as the electronic medical record, searching, protocols, and communications as well as the Internet, Enrico Coiera has succeeded in making this vast and complex area accessible and understandable to the non-specialist, while providing everything that students of medical informatics need to know to accompany their course. Fully revised, the third edition of Guide to Health Informatics remains essential reading for all health science undergraduates, clinical health professionals, and health service managers who need to appreciate and understand the role of informatics and its associated technologies for optimal practice and service delivery. Why do we need to sleep? This book explores why people sleep, what dreams are, common sleep issues, and good sleeping habits. An interesting look at why we need to recharge our batteries. Perhaps you've seen several doctors and not found a solution to your health challenges. Now, you're ready to take greater responsibility for your health, and you're looking for some answers. The trouble is, embracing a natural, and holistic lifestyle can be rewarding, and overwhelming at the same time. There's plenty of information out there, but whom do you trust? Many experts claim to be "holistic." However, when it comes to matters of the mind and the spirit, most resources come up short. Using Biblical truths, The Christian's Guide to Holistic Health helps you navigate the complexities of whole-person health. A genuinely holistic health model addresses not only the physical but the mental/emotional and the spiritual aspects of the human condition. If we want to reach our full health potential, we must address the whole person—body, mind, and spirit effectively. David uses his gift for teaching and brings a balanced view of science and scripture. He avoids extremes in theology, tackles complicated subjects, and makes them easy to read and understand. Whether you have a serious condition and need a breakthrough, or simply want to maintain your health, you'll find this information useful. This book puts you on the fast track to vibrant health, and vitality. Any and all proceeds from this book are used to support the work of Christian Health Service Corps missionaries serving in hospitals and health programs around the world. Diabetes affects people in all age groups. This book explores what this disease is, the different types of diabetes, testing for it, and treating it. Authors Alvin and Virginia

Silverstein and Laura Silverstein Nunn make it easy to understand this topic. This book is the only authoritative consumer guide specifically aimed at the health concerns of people over 50. Instructors have been trusting UNDERSTANDING HUMAN BEHAVIOR for years to give their students the reliable, practical information they need to gain a solid understanding of basic psychological concepts from a health care perspective. This all-new eighth edition is no exception. Packed with expanded content and updated with current industry trends and examples, this resource retains the features that made previous editions so successful -- a concise size and focus that offers students need-to-know information without overwhelming them, and an easy-to-read writing style. Coverage spans a broad but valuable range of important mental health topics and addresses them alongside their implications for health care professionals. It takes on both client and caregiver perspectives, resulting in a powerful book that explores the behaviors, emotions, and coping mechanisms encountered in a variety of health care situations and settings. Real-world examples and activities that encourage students to examine their own behaviors round out the book's comprehensive approach, making this a must-have tool for health care programs. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version. Do you need accurate information fast? The ward is a busy place with little time to check facts and figures. With this pocket-sized reference book you can quickly and accurately check everything from nursing terminology to CPR procedures. The Nursing & Health Survival Guides have evolved - take a look at our our app for iPhone and iPad. This guide outlines a range of symptoms of mental health problems that can affect people with intellectual disabilities. It explains why mental health problems develop, and what can be done to help people with intellectual disabilities and carers themselves. There are chapters on specific

disabilities such as autism and epilepsy. Disease Management At some point in their careers, many health professionals engage in elective overseas exchange work. The benefits of practicing in different environments and learning healthcare methods from other global perspectives is invaluable. ♦ This book is a unique resource that offers necessary insights into making the most of the experience, from pre-departure training through to return orientation. It provides information on navigating the legalities and bureaucracies of international medical training and gives insights into cultural and language competencies, including how to be ethical and deferential in the exchange of situational knowledge. ♦ Preparing for International Health Experiences is a must-read for any healthcare student considering volunteering abroad as it covers specific professions from paediatrics to psychiatry to dentistry. Its balance of case studies that cover a broad spectrum of medical professions and practical tips will be valued by readers. Many hospitals and health care organizations that were independent, freestanding institutions are now part of large health systems that deliver patient care in a variety of inpatient, ambulatory, and community settings. Vast changes in the U.S. health care system are reshaping how librarians provide services to physicians and other patient caregivers, as well as to medical and allied health sciences students and faculty. Twenty one experts have contributed to this groundbreaking text. Their individual chapters offer specific, practical advice on administrative issues, planning and marketing, financial management, space planning, collection development, cataloging and classification, document delivery, audiovisual services -- every aspect of managing today's ever-changing health care library. Required reading for any librarian offering health care information to professionals, faculty, or consumers. Community health workers (CHW) play a vital role in the provision of health-care services in South Africa, and the need for the training and development of these CHWs is obvious and urgent. A major obstacle to

the provision of such training is the low level of literacy among CHWs. It is for this reason that Juta Academic has teamed up with a number of key organisations and professionals involved in community health and adult education to develop the Health for All series. With over 150 illustrations, these outcomes-based training materials will develop the health-care knowledge and skills of CHWs and bolster their literacy, language and communication skills. The series can be used for health-care training courses, with each of the six books forming a separate module. The publications can also serve as reference books for use in the field. Why do we need to sleep? This book explores why people sleep, what dreams are, common sleep issues, and good sleeping habits. An interesting look at why we need to recharge our batteries. Describes what holistic health is and how to achieve optimum health through cleansing, nourishing, exercising and meditation Gale Researcher Guide for: The Future of Health Care is selected from Gale's academic platform Gale Researcher. These study guides provide peer-reviewed articles that allow students early success in finding scholarly materials and to gain the confidence and vocabulary needed to pursue deeper research. Although efforts have been made and continue to be made to reduce the rate of HIV transmission in the U.S. and globally, the rates continue to increase in the majority of countries. In the U.S., members of minority communities remain especially at risk of HIV transmission. An individual's discovery that he or she has contracted HIV, or that a loved one has contracted the illness, often raises significant issues that necessitate interaction with mental health professionals. Mental Health Practitioner's Guide to HIV/AIDS serves as a quick desk reference for professionals who may be less familiar with the terminology used in HIV/AIDS care and services.

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